



Soybean Farming Success Story



Mr. Karim in His Soy Field

Mr. Karim has been growing soybeans in Herat province for over four years. In 2017 alone, thanks to the technical training and inputs provided by NEI, Mr. Karim harvested 7,500 kg (16,534 lbs.) of soybeans, enabling him to feed his family and also earn an income by selling excess soybeans in the local market. “My future plan is to allocate more land to soybean cultivation and to encourage other farmers to cultivate soybeans” he said. “I have personal proof that nutritious soybeans not only nourish our families but help support our county as well.”

Afghanistan’s First Sterilized Soy Milk Factory Ready for Commercial Production



Korean Engineers Training Afghan Staff

Thanks to the generous financial support from the Republic of Korea, Afghanistan’s first sterilized soy milk factory will soon begin commercial production. Over 40,000 single-serving size pouches will be produced daily in four Afghan-preferred flavors - banana, chocolate, strawberry and sweetened plain. To ensure manufacturing readiness, Korean engineers travelled to Kabul to check equipment operation and provide “best practices” technical training to the Afghan staff.

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Afghan Youth Learn Poultry Farming Skills

Since 2016, over 2,000 Afghan youth participating in NEI’s Seeds of Hope (SOH) program have learned important leadership and communication skills to help them become positive members of their society. These youth have also been taught more practical skills such as growing vegetables, fruits, and most recently raising poultry. In 2017, NEI provided its Herat SOH club youth members with 1,400 pullets (4 month old laying hens), secure chicken coops, and chicken feed. Now these youth are improving their families’ diets with nutritious eggs, and also earning an income by selling eggs in the village market.



SOH Youth Club Members with Chickens

Taekwondo Students Fortified with NEI’s Donation

NEI gave one metric ton (2,204 lbs.) of soy flour to the Afghan Taekwondo Center in Herat. Athletes mix the soy flour with water and sugar to make a nutritious and affordable sports drink. At the recent Taekwondo Junior National Selection Tournament, five out of six female athletes won medals including three gold. Their master, Mr. Lim, believes the high-protein soy-based beverage has helped his students stay healthy and strong!



Afghan Youth at Herat Taekwondo Center